## **NURSING WORKSHOP**

Nursing is a profession within the health care sector focused on the care of individuals, families and communities so they attain, maintain or recover optimal health and quality of life. The growing of our society plus growing rates of illness, mean the health care system is dealing with an increasing number of complex illness. And advanced nursing education is empowering nurses to lead the way.

In order to improve the nursing skill, Dr.Bhadra Reddy and Dr.Preethi Reddy [Directors of MRH]instructed to form a committee comprising of Dr. ChandrakanthShirole(Academic Director), Dr. M. Ramani (Academic Dean) Rinu Raju (Nursing Superintendent)

Beulah(Principal College of Nursing) committee was formed and meeting held on 9<sup>th</sup> August 2018 and it was decided to conduct a nursing workshop on 31<sup>st</sup> August and 1<sup>st</sup> September.



The workshop was inaugurated by Academic Director
DrChandrakanthShirole,DrM.Ramani(Academic Dean), Dr.SiddappaGaurav (MS),
Dr.Srinivas(DMS),Lt.Col.Saleema (Nsng Director),Rinu Raju (NS),and Beulah (Principal
College of Nsng) were present during the inaugural function.

The participants were divided into two batches. So that the routine workdoesnot get affected. The first day workshop began at 10am and went on till 1.30pm and the participants were 93 staff and 54 students. The second day 106 staff and 41 students attended from 1.30pm to 4.30pm.



## **SESSIONS:**

Dr.Siddappa Gauravtook a topic on how to handle an emergency situation, CPR, emergency drugs.

Dr.M.Ramani spoke on effective communication skills. The topics covered in lectures included team responsibility, importance of 6c's, behavioural aspects.

Beulah spoke about daily routines, handing over and take over, time management.

Symposium topic was documentation conducted by school of nursing facultyincludederrors in documentation, handwriting etc.

The skit PROFESSIONAL BEHAVIOUR was aptlypresented by nursing college students.It was well appreciated and the behaviour of a sister in the wards was duty highlighted and the role play was very effective.



## Conclusion

The program was conducted successfully and all sisters and students took active participation. The post workshop feedback taken that all sessions were inspiring and useful. The committee decided to conduct some more workshops every month.